

# LEGION DEPARTMENT OF VERMONT

Department Headquarters 126 State Street, P.O. Box 396 Montpelier, Vermont 05601-0396

(802) 223-7131 EMAIL: <u>alvthq@talofvt.com</u> <u>www.vtlegion.org</u>

# September 2024 **Bulletin**

Messages from the Department Commander, Senior Vice Commander, District Commanders, and County Commanders

No. Area Commander & So. Area Commander Messages – Robert Pearl, Fred Wilson

Fall Conference Itinerary – PDC Clark Ferris

**National Commander Visit/Banquet Info** 

**Mark Your Calendar Info** 

## **Department Commander**



# Joseph Zickmund

I am happy to report that the National Convention was well attended and represented by the Department of Vermont. In addition to hearing from many wonderful speakers on a variety of important subjects, we elected our new National Commander James LaCoursiere of Connecticut. Commander LaCoursiere will be attending our Fall Conference in Vergennes on October 19th. On the 18th there will be a meet and greet at Post 91 followed by a banquet in his honor to be held at the Hampton Inn and Convention Center in Colchester. It would be fantastic if we had a great showing of support

for our new Commander. Fall Conference is geared toward education and this year will hit the mark and is themed "Back to Basics". A reinvigoration and renewal of our core values and principles. Please plan to attend some or all of these important events.

Recently I attended the Post 25 "Welcome Home" parade and cookout. In my mind, this is exactly the kind of thing we should be promoting. It involved the entire Windsor American Legion family and the community. Congratulations to the members of 25 for presenting such a positive veteran and community event. Mirroring their message to all veterans, I say thank you for your service and welcome home!

I've asked Melodie to attach information about my fundraising for the year. Boys State, Legion Baseball, Oratorical Contest, support for Vermont Eagle Scouts and helping to provide service dogs for at-risk veterans. Our youth programs are underfunded, and we cannot allow money to be the reason we reduce these programs. They are simply too important. With an eye always toward the "Be the One" national campaign, helping raise funds so that at-risk veterans can be paired with, trained with, and receive the companionship and aid of a service dog is a real way we can help. Please consider donating personally, and as a Post, to this year's Commander's Projects. I will be announcing upcoming fundraising events for this and hope I can count on our Department of Vermont American Legion family to support these very important and worthwhile causes.

For God, Country and the American Veteran,

Joe Zickmund Commander, Dept. of VT

#### <u>Senior Vice Commander – William Brothers</u>

Hello Everyone,

Well, here we go again, a quick note. I attended two county fairs for a membership drive and that went pretty good. Our team of volunteers and I talked to a lot of people and handed out information on what the American Legion is all about. We had a few people sign up for new membership along with some auxiliary and Son's as well. I want to thank all the volunteers that helped out with these two events.



Next, I did go to New Orleans for the National Convention and attended a few meetings, and it was very informative and some new things will be coming through National in the upcoming months so stay tuned. I met a lot of new people and saw some old friends, had some great conversations with them trying to share ideas on what they are doing in their states for membership and retention. It was interesting to hear what other states are doing on this and I will be talking about this at our "Round Table" District Meetings that we will be having. I am starting them September 21<sup>st</sup> with District 4. Let's work together and create more ideas that we can implement in our goal towards 100% membership this year. I know we can do this with the team we have and the hard work we do with membership.

I do want to thank everyone for what we have done so far this year to date. We have hit our 50% target from National and we need to keep up the momentum we have, we can't stop doing our job and our Buddy Checks. It is surprising how a few minutes call to someone can make a difference in their lives and how they think about your Post. It shows them that we do care and

want to be here from them when they need us. Again, thank you for the Folks that are doing this.

When I was at National, I had another State ask me if I would be interested in going down to Massachusetts to the "Big E" Fair to assist in a membership and benefits drive on the 13<sup>th</sup>. I said I would be interested, and I attended this event. We had States represented and it was a great event. We talked to a lot of people



and got a lot of new and old members back once we explained what was going on in the Legion family and the new and exciting things we are working on. What sparked a lot of interest was

the Being the One campaign, this is a great thing that the Legion has adopted, and everyone can now go online and take an hour class on this topic. The class is very informative and the stories they talk about are an eye-opening experience. So, I recommend that you take this course, it is worth every minute.

I am looking forward to working with everyone this year and helping our Department Commander with his goals this year, and all our new District and County Commanders. If any of you need anything let me know either by calling me or through my email

In closing I just want to say it again, thank you all, for what you do for the American Legion family.

For God and Country

Bill Brothers, Sr. Vice Commander



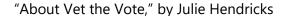
#### Northern Area Commander - Robert Pearl

Greetings,

"Vet The Vote"

Vet the Vote is a national campaign to recruit/encourage Veterans and military family members to participate as poll workers during elections. I believe this program is a great way for Veterans to be noticed and recognized as concerned citizens of their communities. I was aware this program was sponsored on a national level and more pleased to learn from an article printed in "Vermont Daily Chronicles

on September 11, 2024, titled "Vet the Vote" Recruits Veterans to Work the Polls.



"Vet the Vote is a national campaign to recruit Veterans and military family members to be the next generations of poll workers. Our community is leading the way in supporting safe and secure elections and ensuring we know the nuts and bolts about how elections are run. We also want to make sure our fellow Americans know were on the job, to show that it's still possible for Americans



to work together in patriotic service. For the 2024 elections, Vet the Vote has so far recruited over 140,000 Veterans and military members nationally to serve again in their local jurisdictions."

Julie Hendricks can be reached at press@vetthe.vote.

Another way to get involved as a poll worker is to contact your local Town Clerk and apply for the position. The sooner you apply, the better the chance that such positions will be vacant. Also, Poll Workers are paid for their time spent at the polls.

**A reminder**: be mindful and **NEVER** wear your Legion cap to political functions or political events. As Legionnaires we do not promote our political beliefs with our caps on, period.

Respectfully,

Robert Pearl, No. Area Commander

#### Southern Area Commander – Fred Wilson

I have just returned from a successful 105th American Legion National Convention at New Orleans, LA.

And I will share what I learned and need to pass along:

James A. LaCoursiere Jr. was elected national commander of The American Legion on August 29, 2024, in New Orleans, during the 105th National Convention.



As national commander, he is strongly committed to raising awareness for The American Legion's BE THE ONE mission to prevent veteran suicide.

Change Lives Saves Lives.

OK to be not OK!

His personal and secondary theme: L.U.V. or Loyalty Unity Valor. The L is Loyalty, Unity is when we pull together and Valor is what we carry in our hearts!

I attended the Credentials and Rules Committee as a delegate on Sunday August 25th, 2024, starting at 8:30AM. Thirty-two delegates are present to hear all motions. 1. Election of Chairman and Secretary. Standing Rules of the Convention (revised May 8-9, 2024), 2. Establish delegate strength 30 days prior to the 105th National Convention and 3. Authorize Chairman and secretary to make technical corrections without changing meaning.

All motions were unanimously approved.

Recap from the convention:

Houston Bernard, a country music artist, and member of the American Legion performed musical selections.

Awards were presented to the American Legion Youth Champions for the American Legion Baseball All-Academic Team captain, Eagle Scout of the Year, Oratorical Contest Champion, and Junior Shooting Champion; Spirit of Service presented by National Commander, Chief of Space Operations and Medal of Honer recipient Michael Fitzmaurice; Patriot; Distinguished Service Medal; Chapel of Four Chaplains Legion of Honor Bronze Medal; Department Membership Awards; Employer of the Year for hiring Veterans; The American Legion Fourt Estate broadcast and print category; 2024 National Law Enforcement Officer and National Firefighter of the Year;

Addresses given by General Chance Saltzman, Chief of Space Operations, U. S. Space Force; Michael Fitzmaurice, Medal Honor recipient; Command Master Chief, Special Operator (Seal), Britt K. Slabinski, USN, retired, and Medal of Honor recipient and the President, Congressional Medal of Honor Society; The Honorable Secretary of Veterans Affairs Denis McDonough; Kelly K. McKeague, Director Defense Prisoner of War/Missing in Action accounting Agency; CWS Phyllis J. Wilson, U. S. Army, Retired, President, Military Women's Memorial; Lt. General Russell Honore', U. S. Army, Retired, Former Commander, Joint Task Force Katrina; David Ballavia, Medal of Honer recipient; and Dr. Matthew Spalding, Vice President of Washington Operations Hillsdale College.

Greetings by the National Commander Daniel J. Seehafer, Lisa Williamson, National President American Legion Auxiliary; Donald L. Hall, Jr. National Commander Sons of the American Legion; Paul Hooper, Dominion President Army, Navy, and Air Force in Canada; Chen Chin-Kung, Minister Veterans Affairs Council, Republic of China; Dr. Darryl Addington, President General National Society of Sons of American Revolution; Jared S. Lyon, President & CEO student veterans of America and Wayne Peacock, CEO USAA.

Welcoming remarks: Carl J. Mcgee, Louisiana Department Commander, Herbert J, Petit, President National Convention Corp. of Louisiana; The Honorable Jeff Landry, Governor of Louisiana, Troy Carter, U. S. House of Representatives and LaToya Cantrell, Mayor of New Orleans.

SPECIAL NOTE BY ME: I GOT TO SEE WHAT THE UNITED STATES SPACE FORCE UNIFORM LOOKS LIKE!

MEMBERSHIP, MEMBERSHIP, MEMBERSHIP IS A PRIORITY!

Ask the question: Are you a veteran, if not then ask is anyone in your family a veteran? You may be surprised on how many do not know they or family member's may be eligible for the American Legion, Auxiliary or Sons of the American Legion.

It is OK to ask are you OK!

Still looking for a volunteer for Windham County Commander.

Use <u>fredwilson2016@hotmail.com</u>, or <u>2fredwilson@gmail.com</u>.

My cell number: 9177630354.

Fred Wilson, Southern Area Commander

#### Dept. Chaplain - Stephen Frost

Greetings, fellow Legionnaires!

I hope this message finds all of you, well and happy, during this change of seasons.

My wife, Cindy, (an Auxiliary member, Unit 50, Castleton, VT), and I, were DELIGHTED to attend our FIRST American Legion National Convention, in New Orleans, LA, recently.



Fortunately, we chose to drive the entire distance, to avoid any surprises, of weather, air travel, etc. We dropped the dog off, for care in NJ, and drove, straight through, to be certain to attend the Be The One Symposium. We met some courageous and fascinating individuals (as presenters), and a very enthusiastic group of attendees.

My friends, the stories we heard, were heart wrenching, and many were heartwarming, from Veterans and a civilian, who had attempted suicide, and are GRATEFUL to have survived. The MAIN thrust of what most had experienced was a lack of compassionate understanding or concern, from anyone near them. Basically, as they struggled in their downward spiral of depression, folks near them allowed them to fall through the cracks. To a person, they each said, if ONE person would have greeted them, called them, or, even expressed a passing concern, that would have STOPPED their final resolve, to end their lives.

What we took away from this, is, in each case, (each being unique, as to its cause), those who chose and ACTED upon their ultimate demise, would have refrained. This is how fragile and fluid the breaking point is, when our friends, neighbors and fellow veterans, are at that fateful decision point. I mentioned that each, said, if ONE person had reached out, 100 percent, would NOT have attempted suicide. Let that sink in......BE THE ONE!!!!

Cindy and I will be collaborating on getting training materials, and offering assistance/visits to various Posts, so we can bring BE THE ONE, past, a catchy slogan, and a loose, disorganized effort to enact it. We are aware and GRATEFUL, that MANY of you have actively operated as agents for this worthy cause, and would like to streamline the efforts and education, as well as introduce the Columbia Protocol, which has found acceptance, worldwide, to assist folks, in identifying and helping others who struggle with this dreadful yoke, with its weighty burdens.

My fellow Chaplains, both Legion and SAL, as well as, Auxiliary Chaplains, expect to hear from us, soon, so we may help you form your programs.

God Bless you, ALL. See you, soon!

# <u>Dept. Historian – Carl King</u>

Greetings fellow Legionnaires,

Welcome back to our cadre and their spouses from Convention in New Orleans, LA. We have had many activities and events that have gone on with our Legionnaires putting boots on the ground and helping our communities and fellow veterans.

Physically getting out there and telling and showing people what we are all about is the best advertising tool we have. Let's USE IT!!! Here are some fine examples.





(PDC Mark Cloutier and Current Dept. Commander Joe Zickmund at National Convention 2024)



(L to R: Dept. Chaplain - Stephen Frost, PDC, AltNEC – Catherine Tester, Sr. Vice Cmdr. – Bill Brothers, Dept. Commander – Joseph Zickmund, PDC Mark Cloutier, PDC Ron LaRose, So. Area Cmdr. – Fred Wilson, and Dept. Adjutant – Brian Markwell at National Convention 2024)



L to R: Dept.Chaplain – Stephen Frost & Cindy, PDC, AltNEC - Catherine Tester & Auxilairy Dept. President – John Tester, Sr. Vice Cmdr. – Bill Brothers, Dept. Commander – Joseph Zickmund & Charith, PDC Mark Cloutier & PDP Corrinna Colson, PDC Ron Larose & Connie, So. Area Cmdr. – Fred Wilson, Dept. Adjutant – Brian Markwell, PDP Debi Graziano & Phil attending the 2024 National Commanders Banquet



Department Commander – Joe Zickmund bowling with Post 10 team against Colchester 91 team

We are preparing to receive the National Commander October 18<sup>th</sup> and 19<sup>th</sup> Lets show respect and support and attend his banquet and the Fall Conference where he will be a guest speaker. Please participate and take photos then Share! Share!!! Many photos and stories will be coming soon!!!

Respectfully,

Carl P. King

- \*Department Historian
- \*Orleans County Commander
- \*Adjutant Post 21(Newport) carlking73@yahoo.com 802-323-7670

# 3<sup>rd</sup> District Commander – Christopher Wood

Hello from District Three. The summer has gone by too fast like always in our communities in Washington, Orange, and Lamoille counties and now we are preparing for all the fall festivities.

Installations are over and we turn our focus to evaluations. Please pass on to all your posts that these visits are to see what help Posts need not to "inspect" them.



We have passed our first gate for membership, and all Posts should have 50% of their quota by now. If not, then what can we do to help that Post? Practice your "elevator message" so we are always ready to talk about why we belong to the American Legion and continue to serve this great nation!

As mentioned above, the membership year is off and running with our first target date of 15 Sep come and gone. As of the last count sent out by Headquarters Johnson Post 46 in Lamoille County is leading the charge for the third district with 94% of their quota. Bradford Post 20 comes in second with 72% while Chelsea Post 61 rounds out the top three with 64% for an Orange County double. The top post in Washington County is Post 59 with 64%. Norwich University Post 1819 leads the district with four new members so far. I challenge the Posts in Orange and Lamoille County to up their game and get more new people through their doors!

Christopher Wood, 3<sup>rd</sup> Dist. Commander

## **Caledonia County Commander – Jay Matthews**

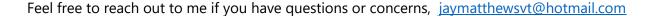
Hello to All!

I hope everyone is doing well and you are all ready for the upcoming Fall Season.

Our membership in the 2<sup>nd</sup> District is looking good and steadily climbing, let's keep up the good work!

I would like to encourage the Posts in Caledonia County and surrounding areas to attend Fall Conference in Vergennes at Post

14 on October 19<sup>th</sup>. There is always something to hear and learn from these meetings!!



Take care and be safe.

Jay Matthews, Caledonia Cty. Cmdr.

# **Orleans County Commander – Carl King**

Great things are going on up here in the Northeast Kingdom.

\* Post 28 has been very active. Many events and community orientated activities and meals. The foliage and other sites like Jay Peak Resort, are breathtaking, and worth the visit.





- \* Post 21 is currently assisting their local high school who are having repairs and remediation on some classrooms. They helped set up tents for classroom use. They also allow the use of the upstairs dance hall to be used for classroom space while repairs go on. Excellent example of how to help community. They also have bingo, and live music and located near beautiful Lake Memphremagog.
- \* Post 23 has been doing steady. Located near Ethan Allen plant.
- \* Post 76 are steady. Located historically above the U.S. Post Office.

Come see and experience our neck of the woods. You won't be disappointed.

Carl P. King, Orleans Cty. Cmdr.

# <u>Washington County Commander – Wayne Goulet</u>

Greetings,

During the past few days, I scheduled upcoming Fall visits to Washington County Posts. While scheduling these visits, the realization came to me that all these Posts have a distinguished history, some longer than others. Specifically, all Posts have/had members that fully understand sacrifice, selflessness, and service before self. Washington County post members, both alive and deceased, have deployed overseas to locations such as France, Germany, Korea, Vietnam, Beirut, Panama, Iraq, Afghanistan, etc. to protect our country's national interests.

Some Washington County Post members have given the ultimate sacrifice to defend our way of life. During upcoming Department of Vermont Bulletin updates, I want to highlight the leadership, contributions and history of at least one Washington County Post. I thought it was appropriate to start with Norwich University Post 1819 because they will be celebrating their 10-year anniversary this month. The following are some bullet points detailing the unique history of Post 1819:

- Did you know that Norwich University Post 1819 is not the first American Legion post established at Norwich?
- An application to establish a post at Norwich University was submitted on July 19<sup>th</sup>, 1919. This post was formed by 15 founding members. The members were current and former Norwich University students that had served in the armed forces during World War I. The post was named after Moses Taylor. Moses was killed in action on or about March 28<sup>th</sup>, 1918. The post lasted for several years and eventually the record of this post was lost.
- Almost 100 years after the record of the Moses Taylor post was lost a new application to establish a post was submitted.

On September 2<sup>nd</sup>, 2014, an application to establish Norwich University post 1819 was submitted. The post was formed by 19 founding members. The prominent person in the drive to establish a new post at Norwich was Sergeant Major Richard Gray.

- PDC Richard Gray was affiliated with Norwich through his time with the Army ROTC department.
  Richard Gray served in the U.S. Army for over 23 years and attained the rank of Sergeant Major.
  Sergeant Major Gray has held numerous positions in the American Legion. He has been a Post
  Commander, Northern Area Commander, Senior Vice Commander and Department Commander
  to name a few. His knowledge and mentoring helped establish the Norwich University post 1819
  that is thriving to this day. For this we thank him.
- Today, in an era when the American Legion membership ranks are flagging nationally and locally, Post 1819 has grown over 500% since chartering with 19 members in 2014, and has grown almost every year to over 120 current members. Through this membership, over \$30,000 has been given in academic scholarships, grants to attend the Future Leader Camp at Norwich, and veterans & community service projects.

Brett Nelson will be installed as the new Norwich University Post 1819 Commander at the end of the month. Brett retired as a Colonel from the Air Force. Tim Schaal is Post 1819 Adjutant. Tim spent four years in the Army as an Engineering Officer. Similar to all American Legion Posts nationwide, members provide overwhelming support to the Post 1819 family as well as the local community. During the ten-year lifetime of Post 1819, membership has donated over \$30,000 to charitable organizations.

Wayne Goulet, Washington Cty. Cmdr.













# Mark Your Calendars - Upcoming Events

Your Post Directory! Will be coming to you next week! \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Mylegion.org Training @ Ballard Hobart Post 36 Ludlow Sunday 9/29 10 am – 1 pm – Bring your laptops!

(More attendance is needed for this class, or it will be canceled)

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

National Commander James LaCoursiere Visit & Fall Conference October 18<sup>th</sup> and 19<sup>th</sup>, 20<sup>th</sup>, 2024

Vergennes Post 14 (Info in this Bulletin!)

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Colchester Post 91
Friday, October 18<sup>th</sup> – 3 P.M. – 5 P.M.
Meet and Greet with the National Commander – James LaCoursiere
All Legion Family are invited to attend!

# <u>Post Everlasting</u> <u>Gone, but Never Forgotten</u>...

Wade, William13
Woodard, Gerald13
King, Jr., James 13
Heffernan, Gerald 19
Courtemanche, Roger 20
Slayton, Scott 25
Pacyna, Anthony 39
Brown, Lawrence 39
Jacobí, August 50

Pemberton, Ríchard 63	3
Kingston, Thomas 63	,
Maloney, John 63	
Kaiser, Edward 64	
Laclair, Maurice76	
Barbier, Joseph 76	
Hier, Gary91	
Leclair, Michael91	



# Commander's Projects

Joseph Zickmund

2024-2025

Vermont

My projects for the year – raising funds to cover the unmet expenses, and hopefully to expand the reach of the youth programs – Oratorical, Boy Scouts, Boys State and Baseball. Also, I will be supporting and raising funds for Vermont Paws and Boots. An organization that pairs and trains service dogs with at-risk veterans and first responders.



The goals of American Legion Baseball are the development of team discipline, individual character and leadership development qualities in young people. Over ten million teenagers and over half of all major league players have played American Legion Baseball since its inception.



The Department of Vermont as well as the National organization recognized and provides scholarships for the Eagle Scout of the Year on the local and national levels. Additionally, the Department of Vermont also provides an annual banquet to recognize the achievement of becoming an Eagle Scout.



The American Legion Oratorical Contest exists to develop deeper knowledge and appreciation for the U.S. Constitution among high school students, The program presents participants with an academic speaking challenge that teaches the duties, responsibilities, rights and privileges of American citizenship.



American Legion Boys State is among the most respected and selective educational programs of government instruction for U.S. high school students. A participatory program in which students become part of the operation of local, county and state government.



Vermont Paws & Boots mission is simple and straightforward, to save the lives of veterans and first responders who are struggling with Post Traumatic Stress Disorder, Traumatic Brain Injury, Military Sexual Trauma and physical disabilities.

Thank you for considering donating to these important and worthwhile programs. If you wish to make a tax deductible donation, please make your check payable to: THE VERMONT FOUNDATION FOR VETERANS AND CHILDREN

and place in the memo line: COMMANDERS PROJECT 24

The mailing address: Department of Vermont HQ P.O. Box 396 Montpelier, Vermont 05061

# Fall Conference - October 19, 2024

# Vergennes Post #14

# "Back To Basics"

9:00 am	Opening ceremony- Dept. Commander Joseph Zickmund		
9:10am	N.E.C. Tom Scanlon will introduce National Commander		
	James LaCoursiere Jr.		
9:15 am	Comments by the National Commander		
	(Note: Times may vary between speakers)		
9:30 am	Special Presentation by the National Commander		
9:45 am	Introduction of Boy's Nation Delegate- Grey Fearon		
10:00 am	Back to Basics- PDC Clark "Sparky" Ferris		
10:20am	Pact Act Update - DSO Larry Thompson		
10:45am	Legion College - Sr. Vice Cmdr. William Brothers		
11:00am	Parliamentary Procedure - PDC Mark Cloudier		
11:30am	Finance/ IRS Form 990 – Dennis Minoli		
Noon	Lunch*		
1:00pm	Consolidated Reports- Department Adjutant - Brian Markwell		
1:30pm	Good of the American Legion		
2:00pm	Question & Answer- PDC Ferris		
2:30pm	Closing Ceremonies- Department Commander - Joseph		
Zickmund			

Department Executive Committee Meeting- 15 minutes after closing of conference

<sup>\*</sup>Lunch- Baked penne with meat and veggies, Caesar salad, garlic bread plus beverage. Compliments of Vergennes Post #14 (Donations Please)

# The American Legion National Commander James "Jim" LaCoursiere, Jr.

'Welcome to Vermont Banquet'



Friday, October 18th, 2024

5:30 P.M. - Meet and Greet/Social

6:00 P.M. - Dinner

**Location: Hampton Inn by Hilton - Colchester** 

**42 Lower Mountain View Drive** 

Colchester VT 05446

Plated Menu:

**Your Entree Choice: Herb Crusted Pork Loin** 

**Chicken Marsala or Maple Glazed Salmon** 

Dinner includes Mashed Potato, String Beans, Rolls, Coffee & Cake Dessert

\$40 per Person

\*

Make Checks Payable to American Legion Department of Vermont and

SEND CHECKS TO:

Dept. HQ, P.O. Box 396, Montpelier, VT 05601-0396

**DEADLINE FOR RESERVATIONS IS: October 11, 2024** 

#### Circle Choice or Choices:

Herb Crusted Pork Loin	Chicken Marsala	Maple Glazed Salmon
	AMOUNT ENCLOSED: \$	<u> </u>
NAME:		Post/Squadron/Unit:
(Circle	Legion Sons of the American Legio	n Auxiliary)



# wellcare

# **Medicare Advantage** & more veteranfocused benefits.

Wellcare Medicare Advantage benefits go beyond Original Medicare to work right alongside your VA coverage. You may qualify for benefits, such as:

 The all-in-one Wellcare Spendables™ debit card that may be used for over-the-counter health items and additional dental, vision and hearing costs, even gas and groceries — and a balance that rolls over monthly. So, as long as you're a Wellcare member, you never lose a cent!



- · Prescription drug coverage
- · Dental coverage, vision coverage, and hearing coverage
- · Online doctor visits and free fitness benefits

All for a \$0 or low monthly plan premium.

Don't wait, if one of the following applies to you:

- · You currently have both Medicare and qualify for state-run healthcare
- You qualify for Extra Help
- · You recently lost employer coverage
- · You're about to turn 65
- · You just moved



877-424-3245 (TTY: 711)

8 á.m.-8 p.m., 7 days a week



Wellcare4Veterans.com

The coverage you need & more





THE OFFICIAL MEDICARE ADVANTAGE PROVIDER OF THE AMERICAN LEGION

Wellcare is honored to support The American Legion's 'Be The One' initiative aimed at reducing the rate of veteran suicide.

Please stop by booth # WELL to pick up a dog tag keychain to show your support.

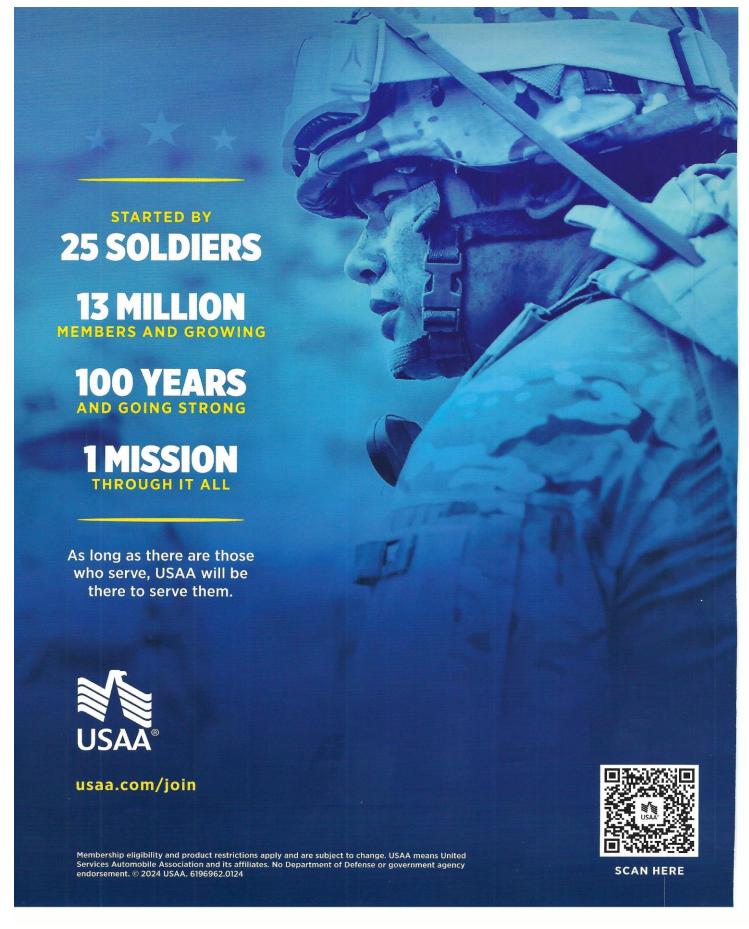
Benefits and allowance amounts vary by plan. Please call for more details. Allowance amounts cannot be combined with other benefit allowances which may be on the prepaid card. Limitations and restrictions may apply.

Card. Limitations and restrictions may apply.

Ohana Health Plan, a plan offered by WellCare Health Insurance of Arizona, Inc. Wellcare is the Medicare brand for Centene Corporation, an HMO, PPO, PFFS, PDP plan with a Medicare contract and is an approved Part D Sponsor. Our D-SNP plans have a contract with the state Medicaid program. Enrollment in our plans depends on contract renewal. Washington residents: "Health Net Life Insurance Company is contracted with Medicare for PPO plans. "Wellcare by Health Net" is issued by Health Net Life Insurance Company. Washington residents: "Wellcare" is issued by Wellcare of Washington, Inc. Washington residents: "Wellcare" is issued by Wellcare of Washington, Inc. Washington residents: "Wellcare" is issued by Wellcare Health Insurance Company of Washington, Inc. Usisiana P-SNP prospective enrollees: For detailed information about Louisiana Medicaid benefits, please visit the Medicaid website at https://dh.la.gov/medicaid or for these benefits, except for appropriate cost sharing amounts. TennCare is not responsible for guaranteeing the availability or quality of these benefits are applicable to Wellcare Medicare Advantage only and do not indicate increased Medicaid benefits. For Indiana D-SNP prospective enrollees: For detailed information about Indiana Medicaid benefits, please visit the Medicaid website at https://www.in.gov/medicaid Texas D-SNP prospective enrollees: For detailed information about Irexas Medicaid benefits, please visit the Medicaid website at https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-underwritten by Superior HealthPlan, Inc. and Centene Venture Insurance Company Texas. Wellcare Dy Allwell (HMO and HMO SNP) includes products that are underwritten by Wellcare National Health Insurance Company, and SelectCare of Texas, Inc.

Y0020\_WCM\_133335E\_M CMS Accepted 06052024

©Wellcare 2024



### The Last word.....Scam emails!!!



Outlook

#### addition to the newsletter

From Joe Zickmund <joezickmund@gmail.com>

Date Tue 9/17/2024 2:13 PM

American Legion Vermont Headquarters <alvthq@talofvt.com>

A note on email and text messages from the Department Commander: I will not ever ask you for anything personal or financial in an email or a text message. Sadly, there are unscrupulous individuals who would steal from you in my name. IT IS NOT ME. Please, ignore, delete and/or report these attempts to bilk you of your hard earned money. If you have any doubt, call me. (802) 505-8545.

Joe Zickmund Commander **Department of Vermont** Every Veteran Counts - Every Legionnaire Can Make a Difference.

